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KE KUPUKUPU

KS Preschools ʻOhana Newsletter Inspiring Growth and Connection

E AʻO KĀKOU! LET'S LEARN TOGETHER!

As Halloween approaches, try learning a few fun words in ʻŌlelo Hawaiʻi with your keiki!

- Palaʻai – Pumpkin
- Kanakē – Candy
- Lapu – Ghost
- ʻŌpeʻapeʻa – Bat
- Nananana – Spider
- ʻĀlani – Orange
- Pōpoki - Cat





KILIKI O LAPU!

TRICK OR TREAT

LĀ KŪPUNA







Lā Kūpuna at our Kalihi-Pālama Preschool was a celebration of pilina, culture and learning across generations. Keiki welcomed their kūpuna and mākua to kula for a special day of playing kōnane, making lei and creating delicious poi parfaits together. Through these shared experiences, keiki strengthened their connections to ʻohana, cultural traditions and the values that guide their learning and growth.

TEACHING ROUTINES ROOTED IN HAWAIIAN AND CHRISTIAN VALUES

Routines help young children feel safe, confident and ready to learn. At Kamehameha Schools Preschools, everyday routines also provide meaningful opportunities to teach and nurture our core values of aloha, mālama, and kuleana. These values bring Hawaiian and Christian values into everyday moments.

Through daily experiences, keiki learn to show aloha through kindness and love for others, practice mālama by caring for themselves, one another, and God's creations, and develop kuleana by taking responsiblty for themselves and their classroom community. Consistent experiences help keiki build independence, strenthen relationships, and carry these values from kula into their homes and communities.

TRY THIS TONIGHT



A SIMPLE BEDTIME ROUTINE FOR KEIKI

1. Mālama our space
Invite keiki to put away a few toys, place clothes in the hamper, put their dishes in the sink after eating or prepare their backpack for the next day.

2. Mālama our kino
Brush teeth, wash up and get into pajamas. Keeping the same order each night helps keiki know what comes next.

3. Connect with aloha
End the day with a story, pule or a few quiet minutes together. Ask, "What made you feel proud today?" or "How did you show aloha to someone?"

A simple, predictable bedtime routine can help keiki settle, feel secure and end the day with a sense of connection and accomplishment.



At kula, keiki are being taught to mālama their things, such as putting away their lunches when they are done eating. This routine can be carried into the home and help further your child's sense of kuleana.

WALK FOR PAUAHI







HOPE



At just 52 years old, Princess Bernice Pauahi Bishop passed away from breast cancer leaving behind a legacy that continues to inspire generations. Each October, many of our Kamehameha Schools Preschools honor her memory by participating in Breast Cancer Awareness Month activities. At Nānākuli Preschool, keiki and 'ohana created colorful signs and came together for a special Walk for Pauahi.

PAU