

# Papa Ekolu c/o 2028

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## VOLUNTEERS NEEDED!!

**61 volunteers for the Annual Scholastic Book Fair, Nov. 13-16 at the elementary school campus.**

Job description: engage with the keiki and kumu, love of books. Many positions available: greeter, cashier, crafter, set up assistants, hostess, refreshment helpers, packers. Your commitment to work will reward you with a glimpse of your student's school day and a greater appreciation for your kula and your school 'ohana. Please Sign up at: <http://signup.com/go/qoeUdzr>

## FINANCIAL AID August 15, 2018 – February 28, 2019

The financial aid application process for the 2019-2020 school year is open.

GET STARTED WITH YOUR APPLICATION:

**Step 1** – Birth mother must complete a TADS Financial Assessment.

Birth father must complete a TADS Financial Assessment.

*The link for the TADS Financial Assessment*

is <https://forms.tads.com/org/kamehameha-schools/ks1920/>

**Step 2** – Pay a non-refundable \$32 application fee.

**Step 3** – Upload required documents to your TADS application:

- 2017 1040, 1040A, or 1040EZ
- 2017 W2 employer issued statement

**If applicable:**

- SNAP/Cash/TANF benefits
- Custodial/Court Documents
- Verification of non-filing form (notary not required)

Should you need further assistance please call the Maui Regional Office at 808-242-1891.



## NO SCHOOL

11.09.18 (Inservice)

11.12.18 (Veteran's Day)

11.20.18 (Parent/Teacher Conferences)

11.21.18 (Parent/Teacher Conferences)

11.22.18 Thanksgiving

11.23.18 (Holiday)

## CHAPEL

11.14.18

## Important Announcement

Parent/Teacher Conferences times varies between the two days (11-20 & 11-21). Please sign up using the following link: <http://signup.com/go/xtwuVXD>

### Please note:

- \*recycle uniforms will be available in the Paiea courtyard
- \*if your student has lost anything, please check the lost & found rack
- \*no need to check in at the office, please go straight to the classroom for your conference

## VAPING – IT AFFECTS OUR KIDS TOO!

### What the VAPE?

Vaping is becoming a health epidemic among our youth across the country, throughout the state and now recently at our own campus. We have seen a spike in the use of these products especially since it is becoming more discreet.

In the efforts to keep your children safe and to keep you informed, we want to bring to your attention the use of E-Cigarettes, Vape Pens or Juul Pods. As mentioned above, we have seen a rise in the popularity of these devices. We'd like to share some information and enlist your help to make sure your children are not bringing them into school, using them at any school sponsored events, and asking for help if they want to quit.

Vapes are being heavily marketed to two groups. The first is to those looking to quit smoking cigarettes. The sales pitch is that vaporizing is healthier than smoking. There is minimal scientific evidence for this (largely because of timing, long-term studies have not been able to be conducted) and what is getting inhaled plays a significant role in how accurate that could be. But the 'healthy' benefits are a big part of the pitch.

The other group to whom the companies are marketing is adolescents and, while they are playing up the inaccurate 'healthy' aspects, the real pitch here comes down to being 'cool'. This effort to get young users early is made all the easier by vapes' convenience and ability to be used quickly and without detection, with very little residual odor. It is usually a little sweet odor (fruity or mint) and not like cigarettes or marijuana.

The liquid being vaporized and inhaled is usually referred to as the 'juice' and comes in small containers in a very wide array of flavors. Some are simply flavored liquid. Many, though, have nicotine and other chemicals and addictive elements to them which are harmful. The juice is also easily - and often - infused with THC, the key chemical in marijuana. The result of this ease of access is that students across the country are being encouraged to take part in behavior that is unhealthy, illegal, and, specifically, against the rules at all of our schools. This reality, mixed with a culture that is becoming increasingly tolerant of marijuana use in general, means that our children have greater access to ways of getting 'high' that are difficult to detect, while having fewer concerns about the detrimental impact of marijuana use on their still-developing brains.



### TALK to your CHILD

We strongly encourage you to talk with your children about the dangers of vaping and the problems that can occur from it. Honest and straightforward discussions about issues such as these can have a very significant impact on their choices. In the conversation, it may also be helpful to remind your child that being in possession of tobacco or nicotine, tobacco/nicotine products, and paraphernalia are against school rules and result in consequences leading to counseling, in or out of school suspensions and may also be let go from KSM if the behavior continues.

*\*Above photo are some of the vaping products that have been confiscated from students on our MAUI campus.*

Here is a link to a great resource site: <http://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html>

As you can see from some of the images, vapes come in a wide range of designs, all of which easily fit into a pocket or bag. Some versions are designed to avoid notice by looking like other common items, such as inhalers, computer pen drives, and even small gaming systems.

The consequences of vaping are still unknown.



But it took 80 years to find out cigarettes cause cancer.

Will the wait be worth it?

multco.us/reach



**VAPING:**  
**LIQUID POISON.**

LEARN MORE  
#VAPINGTRUTH



## Let's keep our children safe!

Here are tips for talking to your kids about vaping:



**Find the time to talk.** The sooner you start talking, the better. Bring up the subject when you see it on TV, in movies, or in magazines.



**Be direct.** Say, "I don't want you to use e-cigarettes." Tell them your reasons. They'll appreciate your honesty and guidance.



**Talk about the real facts.** Just saying “Vaping is bad for you!” isn’t enough. Young people are more likely to listen if you give them facts. Don’t just talk about e-cigarettes – give them facts about vaping products like JUULs, and other tobacco products such as mini-cigars and [hookah](#).



**Focus on the social issues.** Young people may care more about getting bad breath or irritating their friends who don’t vape than about the health risks. Help them understand the financial costs as well. Remind them that most teenagers do not use e-cigarettes/vaping products.



**Teach them to say no.** Help them to think of what to say if they are offered vaping products. Practice with them – pretend you are a classmate asking them to vape. Ask them to come up with several responses and teach them when to walk away. Remember to praise their efforts.

Need more help talking to your kids about vaping? The [Escape the Vape campaign](#) hopes to give kids the facts they need to make the decision to stop or never start vaping themselves. Through [videos](#) the “Chemical Crew” teaches youth about the potentially harmful chemicals in vape liquid.

Along with sitting down to talk, one of the best things you can do to help your kids remain tobacco-free is to set a positive example by being tobacco-free yourself. If you use tobacco, it’s never too late to quit. Visit our [website](#) for resources to help you quit or call Washington’s Tobacco Quitline at 1-800-QUIT-NOW (1-800-784-8669).