Here are some helpful guidelines to help plan and prepare for P.E. classes at Kula Waena:

- All students are required to wear PE uniforms during PE class on swim, bike and run days.
- Students will have advance notice of swim days. Schedules will be announced once school begins.
- PE Uniforms are available for purchase at the Kamehameha Schools PTO School Store, located on campus at: Pai’ea Football Stadium. See enclosed PTO School Store schedule, or online at the Kamehameha Schools Hawaii - Kula Waena website.
- PE Swimwear is not available at the PTO School Store. Please purchase appropriate swimwear from any online site, store or vendor of your choice.

The following PE Uniform items are suggested (please write student name on all items):
- At least 3 regulation PE shirts
- At least 3 pairs of regulation PE shorts
- At least 1 pair of running or cross training shoes. Solid or any combination of black, white, gray, and/or school issued uniform colors (sky blue, royal blue, navy blue or white)
- 1 pair of swim goggles
- 1 bike helmet
- 1 set of uniform swimwear (examples below show the minimum amount of coverage required)
  - Girls – modest, predominantly black one-piece swimsuit (no two-piece swimsuits allowed)
  - Boys – predominantly black swim/board shorts (appropriate fit, not hanging low)

Please notify your Counselor or P.E. Kumu with any questions.