

Recycled Plant Starters

O- 'Ohana goal (Why do the activity?) Family goal

Purpose:

- How can I use what I have around me to practice Aloha 'Āina?
- Practice Aloha 'Āina ("love for the land," land stewardship)
- Learn the benefits of recycling



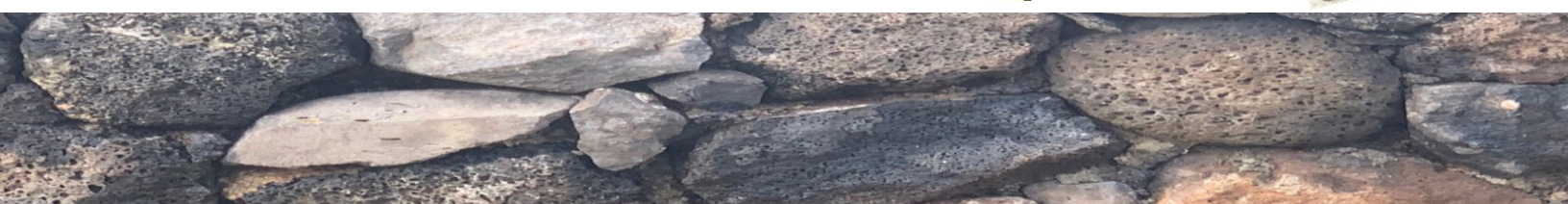
'Ōlelo No'eau: "E mālama 'ia nā pono o ka 'āina e na 'ōpio"
The traditions of the land are perpetuated by its youth.

Benefits: Your 'ohana will create plant starters using recycled materials and grow your own plants for your very own food garden or plant garden.

H- Ha'awina (Let's do the activity) Lesson, Assignment, Task

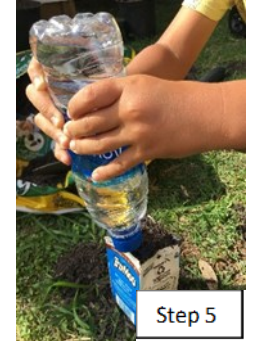
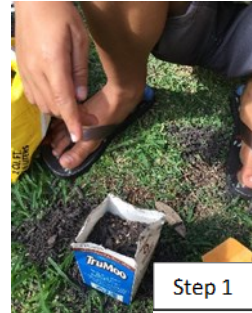
Materials needed:

- Milk carton(s)
- Seeds
- Tape
- Pen
- Soil/ dirt



Process:

1. Fill milk carton with soil, almost to the top.
Leave about 2 inches of the milk carton unsoiled.
2. Sprinkle seeds onto soil in the milk carton.
3. Cover seeds. Fill rest of the milk carton with soil.
4. Label. Name, of plant, date, etc.
5. Water.



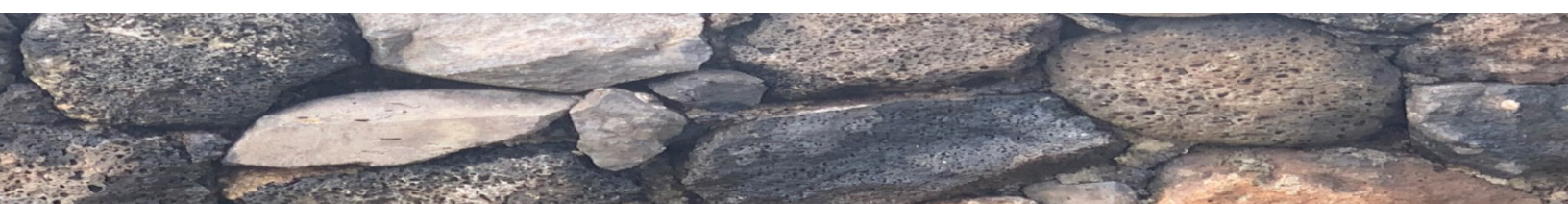
Tips: If you don't have a milk carton(s), use what is available that can be recycled, example; egg carton, plastic water bottle (cut in half), old mayonnaise jar, planting pots, etc.

A-Alaka'i (What did you learn? What can you teach?) To lead, Guide, Direct

Extension activities:

- Post & share the progress of your plants on social media (Facebook, Instagram, etc.).

Observe: Did you use other recyclable items as your plant starter? If yes, what did you use and why? Think of other ways you can practice Aloha 'Āina in your environment using recycled items.



Resources:

<https://blogs.ksbe.edu/alohaainaproject/about-the-project/#> Virtual field trips

<https://lovelygreens.com/seed-starting-with-recycled-materials/> DIY recycled plant starters

