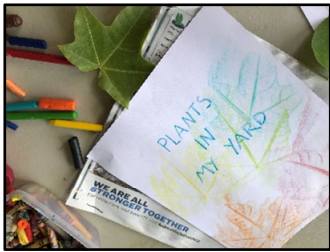


# Leaf Rubbing Collection

(Plants in My Yard Series)

**O**- 'Ohana goal (Why do the activity?) Family Goal



When we look around there is life everywhere. Most abundant outside our windows are the plants that surround us. This leaf rubbing activity encourages us to take some time to learn about and recognize the plants in and around our homes.

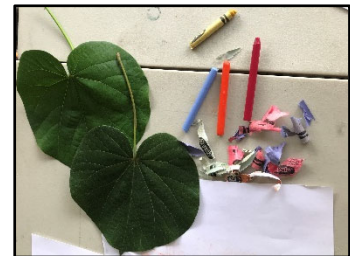
## Benefits:

- Practicing care while collecting leaves can reinforce care and respect towards each other and the world around us.
- Encouraging the use of patterns during the rubbing process can inspire creativity.

**H**-Ha'awina (Let's do the activity) Lesson, Assignment, Task

## Materials needed:

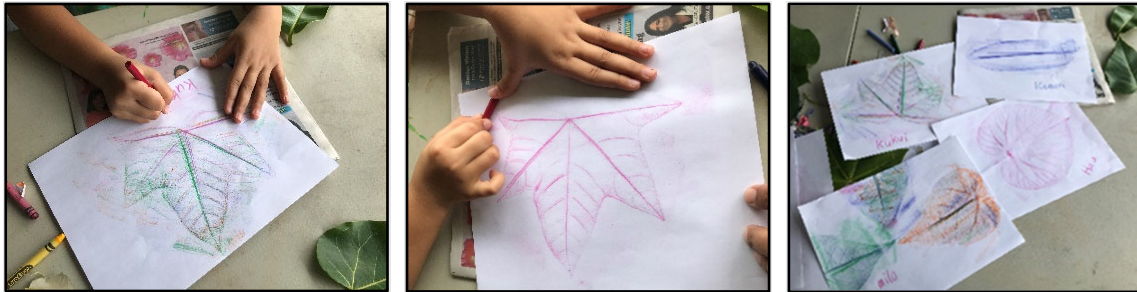
- Fresh leaves
- Crayon (outside paper/wrapper removed)
- Plain paper
- A few sheets of newspaper
- Stapler



## Process:

1. Talk a walk outside, around your house, or even your neighborhood. As you walk, collect leaves in different sizes & shapes from several different plants.

2. Lay a few sheets of newspaper on a smooth, flat surface. Put one or two leaves on the newspaper textured side up. Removing the stem helps the leaf lie flat.
3. Cover the leaves with a sheet of the plain paper.
4. Using the crayon (wrapper removed) on its long side, gently but firmly rub the crayon over the plain paper where the leaves are.
5. Rub back and forth over the area with your crayon until you see the image of the leaves appear.
6. Take some time to see if you or anyone in the family knows the name of the plant where the leaf came from. Write the name of the plant below the image of the leaf rubbing.
7. Collect more leaves and make more rubbings!
8. Create a separate cover page and title it (e.g. "The Plants in My Yard," "The Trees in My Yard," etc.).
9. Staple the leaf rubbings together with the title page on top. Share your book with your family and friends.



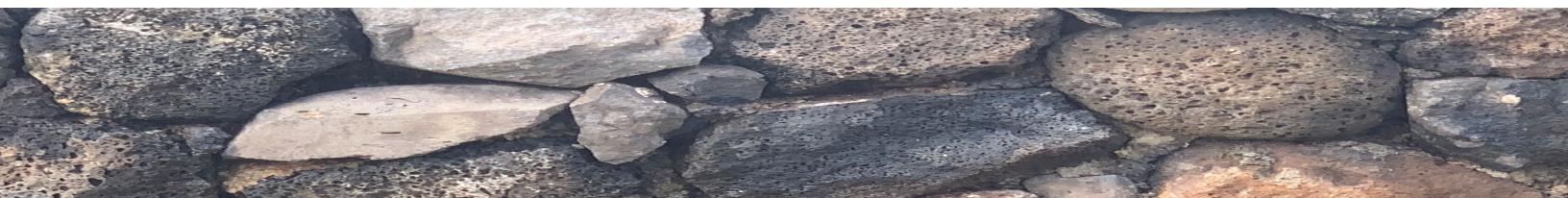
**Tips:**

- Avoid young, new, soft leaves. They do not hold up well with the rubbings.
- Remove the leaf at the point where it's stem connects to the branch.
- If the leaf rips when picking or rubbing, that's okay! You can still use it.
- Removing the stem helps the leaf lie flat.
- Taping the leaf down can help (make sure tape is on the underside).

**A-** Alaka'i (What did you learn? What can you teach?) To Lead, Guide, Direct

**Extension activities:**

- Teach someone in your family (or a friend) how to make a leaf rubbing.
- Make a video sharing your book and send it to friends and family.
- Make additional books/videos about the plants in your yard/neighborhood.



## Resources:

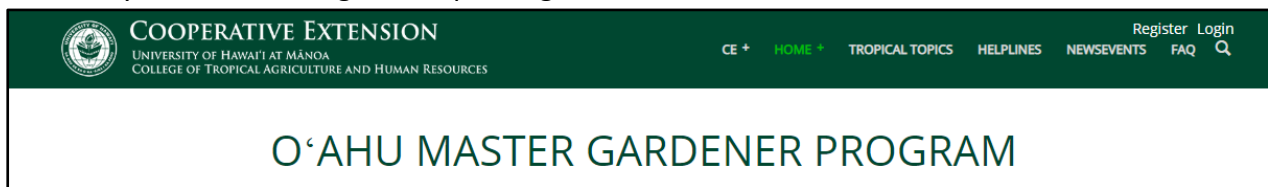
If you're interested in discovering more about plants here are some websites you can explore.

### Bishop Museum



<http://data.bishopmuseum.org/ethnobotanydb/ethnobotany.php?b=list&o=1>

### University of Hawaii College of Tropical Agriculture and Human Resources



<https://cms.ctahr.hawaii.edu/uhtmprogram/Home/Oahu>

