

Aloha Letter

O- 'Ohana goal (Why do the activity?) Family goal

Purpose:

- Communicating through writing is important.
- To share aloha with others through written communication.
- Practice putting your thoughts on to paper.
- A strengthened sense of Aloha

'Ōlelo No'eau:

*"A'ohē loa I ka hana a ke aloha"
Distance is ignored by love.
MKP#174*

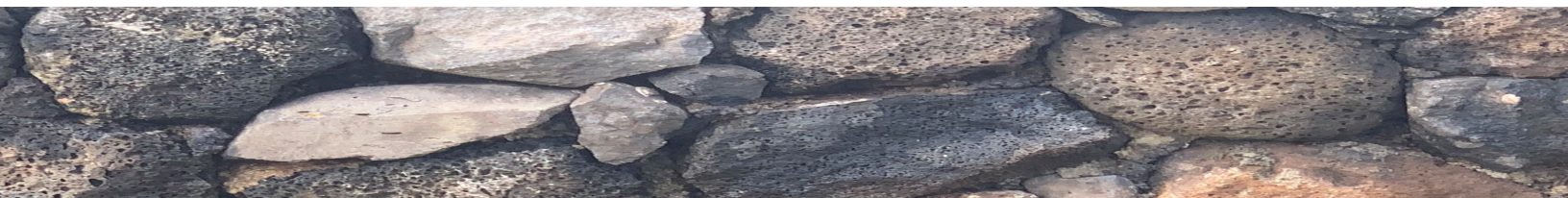
Benefits:

- Share aloha with someone you care about. Brighten someone's day!!!

H- Ha'awina (Let's do the activity) Lesson, Assignment, Task

Materials needed:

- Paper
- Pencil or Pen
- Envelope
- Stamps
- Or Computer/Email



Process:

1. Talk story with your keiki about people that are important in their lives. Model for your child about someone that you may want to spend time with but can't. Talk about your memories of that person. Then ask your keiki if there is anyone that is special to them? Based on their answers encourage your keiki to draw a picture for the person or to write a letter.
2. Gather the material needed. This process will either be manual or electronic. Choose material based on what is available. If both are available choose the materials that will help to either grow your child's writing skills or keyboarding skills.
3. Write Letter and send. (See example template at the end of this resource).

Tips:

- Focus on the relationship between the keiki and the person they are writing to.
- Having a relevant topic is important to the learning process and is a by product of sharing aloha with someone else.
- If your keiki is too young to write on their own, help them by having them draw and asking questions about what they are drawing to capture their thoughts in writing. Read it back to them to make sure that you are conveying their thoughts.

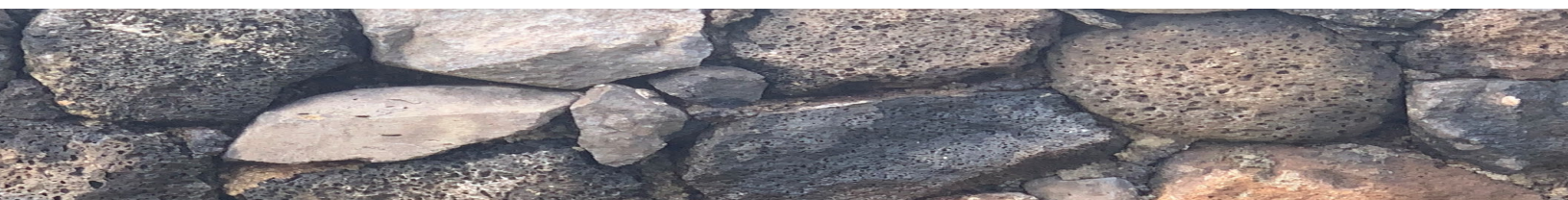
A-Alaka'i (What did you learn? What can you teach?) *To lead, Guide, Direct*

Reflective Question(s):

- Who are the important people in yours and your keiki's lives? Why are they important?
- Why is it important to think, to speak, and then to write?
- Why is it important to converse with your child about significant people in their lives?

Extension activities:

- Think of other ways to share aloha. Think of ways that share aloha that also may build upon your child's skills. Think about the skills necessary in their lives in order to be successful. There are many ways that we a 'ohana naturally do this. What are some ways we can be intentional?

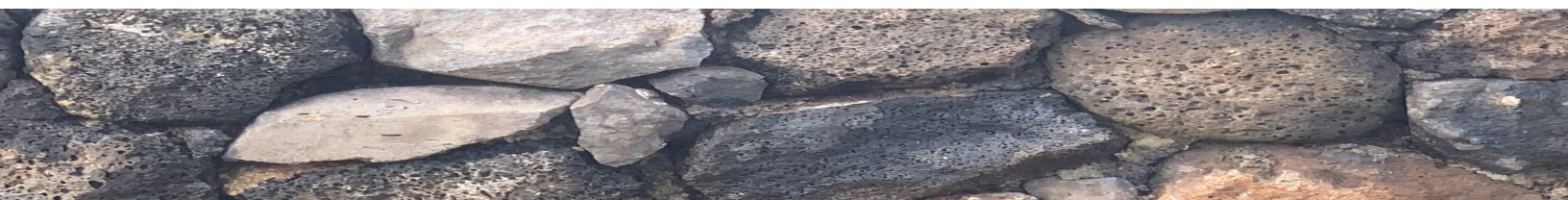


Observe:

- Pay attention to your 's keiki. If you know your keiki is unable to do a letter after talking story break it up throughout the day or week. Some keiki may need more time to talk to gain more ideas. The conversation should be casual but help to stimulate fond memories.
- You may just want to start a conversation with them over dinner about someone special. Then you may want to suggest that they write or draw something to send to that person on another day.

Resources:

Pukui, M.K. (1983). *'Ōlelo Noeau: Hawaiian proverbs and poetical sayings*. Honolulu (Hawaii): Bishop Museum Press



(Date) _____

Aloha mai e _____

(Draw Picture here)

E Mālamapono, _____

