



KA PULE 'ELUA O KA HIKINA

THE SECOND WEEK OF ADVENT

E 'Umia Ka Hanu – Be Patient

“The journey to God’s promise can be a test of patience and faith”

By Abu Ma'afala

KS Kapālama Athletics Relations Associate / Head Football Coach

Heluhelu Baibala / Scripture Reading

Pilipi (Philippians) 4:6-7

Mai mana'o nui 'oukou i kekahi mea; akā, i nā mea a pau e hō'ike aku i ko 'oukou makemake i ke Akua ma ka pule, a me ka noi aku, a me ka ho'omaika'i aku.

A 'o ka maluhia o ke Akua, ka mea i 'oi aku i ko ke kanaka mana'o a pau, e ho'omalumai i ko 'oukou na'au a me ko 'oukou mana'o ma o Kristo Iesū lā.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Mana'o / Thoughts

Being ahonui (patient) and waiting is one of the hardest things to do in today's world. With mounds of information available at our fingertips and advances in technology that allow us to grab 'n go, we can become quickly ulukū (frustrated) if our web browsers are slow or we wait in line longer than one minute for something.

Even when the Lord shows us the purpose for our lives, we want it to happen right here, right now. But our greatest growth and Ke Akua's provision happens in those times where we have to wait for it. This is shown to us in Genesis through the life of Joseph.

Joseph was the eleventh of 12 sons of Jacob, and Ke Akua revealed to him in a dream that his entire family would bow down before him – yes, even his makuahine and makuakāne (grandmother and grandfather)!

At the end of the mo'olelo, Joseph was the second most powerful man in the whole world, saved his family from a great famine in the land, and his dream came to fruition. But what Joseph did not know was what would happen to him before this happened and how long it would take for it to happen.

It took 29 years from the time of his dream to the fruition of it. Within that 29 years Joseph was sold into slavery by his own brothers. Then after achieving some status in Potipher's house, he was wrongfully accused of adultery and thrown into prison to rot away.

But Joseph never lost sight of what God told him he was going to be, relied on Ke Akua through it all, and Ke Akua gave him everything he needed while he waited for the promise to be fulfilled. He remained faithful to the Lord and even better, He used the gifts Ke Akua gave him to help those around him, regardless of his circumstances.

Joseph is a great picture of what waiting and being ahonui for the Lord's direction can do for us. In our greatest times of connection with the Lord, He has shown each and every one of us what He wants to do for and through us. Let us not become distracted by our current circumstances, but continue to cling to the promise Ke Akua gave us, and look for the ways we can be used right where we are.

From my experiences, the greatest reward is not in reaching the end but in everything that happened to get there, and how we were able to be used during that time. So during this time of preparation for the birth of our Haku Ho'ōla, our Savior, where has Ke Akua placed you and who has He placed in your path? You could very well be the blessing that someone has been waiting for.

Questions to Ponder

- What promises or purpose has Ke Akua revealed to you in your quiet time with Him?
- Has He brought that to fruition yet? If not, what has the journey been like so far? Have you experienced frustration waiting for it to come to pass?
- Wherever you are in your journey, who or what has Ke Akua placed in your path that you feel drawn to help with?
- How can you be the Lord's vessel to bless others with the gifts He's given you as you wait?

Pule / Prayer

E Ka Makualani, thank you for your son Iesū and the grace and mercy that His birth provides for us all. Ho'omaika'i iā 'Oe for the hopes, dreams, and purpose you have given to each of us. We ask Lord, that you help us to remain ahonui during our time of waiting for those to come to pass. As we patiently wait upon our blessings, show us how you want to use us to bless those you have strategically placed in our path. Help us to be the blessing that others are waiting on, to the glory and praise of Your Name. We thank you for the opportunity to be a vessel for Your use. Ma ka inoa o Iesū Kristo, in Jesus' name, 'Āmene.

Keiki Activity

Create a Prayer Box Bible

Philippians 4:6-7 says, "Do not be anxious about anything, but in everything, by prayer and supplication with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." □

Creating a Prayer Box Bible will remind children to face challenges with a trust that God is faithful to answer and that God's answers will be for their benefit!

Prayer boxes are keeping places for favorite scriptures, or they're similar to a prayer journal, only more flexible. Any scrap of paper will do, anywhere, any time of the day or night. The important part, in a world of distraction, rushed moments, and random prayers, is to take the time to think through, to write down, to simplify in your own mind the things you're asking for, the things you're grateful for, the things you're troubled about, the hopes you've been nurturing.

And then? Put them in the box and...Let. Them. Go.

That's what *hilina'i I Ke Akua* (trusting in God) is all about. It's letting go of the worry. It's the way of peace and also the way of God. Closing the lid on a prayer box is so beautifully symbolic of so many things, but it all comes down to trusting in God to take care of you, your 'ohana and all whom you cherish and all who come into your life.

Prayer boxes can be made of empty Kleenex boxes, shoe boxes, jars and whatever else can hold your petitions of prayer. Have fun!!!!

Mele / Song

"Ho'ololi ia'u, E Ke Akua" – Change My Heart, O God

[Sing along](#) with KS Hawai'i Kahu **Kaunaloa Boshard**.

Ho'ololi ia'u, e Ke Akua, ho'ololi ia'u, e like me 'oe

'O 'oe ka Haku, he honua au;

Ho'ohana 'oe ia'u 'oia ko'u pule.

Ho'ololi ia'u, e Ke Akua, ho'ololi ia'u, e like me 'oe

Change my heart O God, make it ever true;

Change my heart O God, may I be like you.

You are the Potter, I am the clay;

Mold me and make me, this is what I pray.

Change my heart O God, make it ever true;

Change my heart O God, may I be like you.