Ka Mōhai Aloha- The Gift of Grace or the Gracious Sacrifice.

The Season of Lent is a time that we use to reflect on the gracious gift that God gave to us in His Son Jesus Christ. We celebrated his birth at Christmas and now at Easter, we mark his death. But unlike us humans, for whom physical death is final, Christ's death was not. On the third day after Jesus was crucified, he was resurrected or rose again. This was a sign to us that we too will rise again. That life in Christ is eternal. The Season of Lent is designed to help us to reflect on what that gift truly means to us and how we might be better people while we still have the chance.

Lent starts on Ash Wednesday and ends on Easter, lasting for 40 days (not counting Sundays). There are a variety of practices that the different faith groups have used to prepare for Easter. Some will give up something such as candy, sweets, ice cream or even meat. Others might add something to bolster their faith life, like prayer. For me, I’ll usually turn off my car radio on my way to work and use that time to pray. That’s 30 minutes talking with my Heavenly Father. Do whatever will work for you to strengthen your faith.

For these series of devotionals, we asked some of the leaders, faculty and staff of the various Kamehameha Schools programs to share their manaʻo of what Lent means to them. We hope this will provide you strength and encouragement during this special time.

Looking forward to Easter!
Nā Kahu Kordell Kekoa and Kalani Wong

Here are a few kid friendly web pages on Lent:
- [http://brightsadness.org/kids.html](http://brightsadness.org/kids.html)

Did you know…

…that the date of Easter changes every year? Easter always falls on the first Sunday after the first full moon on or after the vernal equinox.

…the day before Ash Wednesday is called a “Fat Tuesday” or “Shrove Tuesday”? In some places, pancakes are served. Here in Hawai‘i, malasadas are a tasty treat eaten by all. What else is that Tuesday known as?

…the ashes used on Ash Wednesday are made from burning the palms used on Palm Sunday the year prior?

…there are a number of events in the Bible that last 40 days including the amount of time that Jesus spent in the wilderness? What are the others?
Ka Mōhai Aloha

Lent 1 (February 18-21) by Kahu Kalani Wong, Chaplain KS Maui

Heluhelu Baibala/Scripture Reading

7 Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. 8 But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. 9 Since we have now been justified by his blood, how much more shall we be saved from God’s wrath through him! - Romans 5:7-9

Manaʻo

Have you received gifts that you haven’t used? I’m sure the giver must have spent time looking for something that you might want or could use, spending time and money to get the right gift. It could have been for Christmas or a birthday, or just because. Yet it sits in your closet unused or unwanted. There’s a really special gift that is so wonderful and so valuable that it would be really sad if we never used it. It’s a gift that was given to us by God- free and totally unexpected and undeserved. It’s Ka Mōhai Aloha- the gift of grace or the withholding of the punishment and forgiving us of our wrongdoings even though we don’t deserve it.

We often do things that go against what God hopes for us. These are called sins. We should be punished for this, just like our parents would discipline us when we do the wrong things. However, there are times that our earthly parents hold back the punishment because they love us. God does the same thing. It tells us in the Bible that “the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.” (Romans 6:23). We should be punished for the sins that we commit, but instead, Jesus took the punishment himself. Jesus became Ka Mōhai Aloha- the Gracious Sacrifice so that we might be forgiven for the wrong that we’ve done, not just now but always. And because of that forgiveness, we have live eternally with God in heaven.

Questions to Ponder

• Is there someone in your life who has done something wrong to you? Can you find a way to forgive them?
• What do we need to do to live our lives so we sin less?

Pule

Dear God, mahalo for all the gifts that you shower upon us so freely. May we never take any of them for granted. Help us to recognize the wrong that we do each day and help us to live pono. Ma ka inoa o Iesū Kristo, ‘Āmene.

Keiki Activity

• Look up the word “Mōhai” in the Hawaiian dictionary. What can you sacrifice for others?
• Do you have any unused gifts in your closet that someone else could really use? Share it with him/her.
**Lent Devotional**

**Lent 2 (February 22-28) by Shontell Calina, Christian Education Instructor- KS Hawai‘i**

*Heluhelu Baibala/Scripture Reading* - Mataio/Matthew 4:1-11

> A laila, alaka‘i ‘ia akula ‘o lesū e ka ‘Uhane i ka wao nahele, e ho‘owalewale ‘ia aku ai e ka diabolō. Ho‘okē ‘ai ihola ia i ho‘okahi kanahā iā, a me nā pō he kanahā, a ma hoʻo iho, pōloli ihola iā.

3 A hiki aku ka mea ho‘owalewale i ona lā, ‘i akula ia, Inā ‘o ke Keiki ‘oe a ke Akua, e ‘i mai ‘oe i kēia mau pōhaku i lilo i berena.

4 Akā, ‘ōlelo maila ‘o lesū, ‘i maila, Ua palapala ‘ia, ‘A‘ole e ola ke kanaka i ka berena wale nō, akā, ma nā mea a pau mai ka waha mai o ke Akua. 5 A laila, lawe akula ka diabolō iā ia i ke kūlanakauhale ho‘āno; a ho‘okau akula iā ia ma luna iho o kahi ‘oi’oi o ka luakini; 6 ‘I akula iā ia, Inā ‘o ‘oe ke Keiki a ke Akua, e lele iho ‘oe i lalo; no ka mea, ua palapala ‘ia, E kauoha mai nō ia i kona po’e ‘ānela nou, e ka‘ika‘i lākou iā ‘oe ma ko lākou mau lima, o kū ‘ia kou wāwae i ka pōhaku. 7 ‘I maila ‘o lesū, Ua palapala ‘ia nō ho‘i, Mai ho‘ā‘o aku ‘oe i ka Haku i kou Akua. 8 Lawe hou akula ka diabolō iā ia i kahi mauna ki‘eki‘e loa, a hō‘ike akula iā ia i nā aupuni a pau o ka honua, a me ko lākou nani; 9 ‘I akula ho‘i iā ia, ‘O kēia mau mea a pau ka‘u e hā‘awi aku ai iā ‘oe, ke kukuli iho ‘oe, a ho‘omana mai ia‘u. 10 A laila, ‘ōlelo maila lesū iā ia, E hele pēlā ‘oe, e Sātana; no ka mea, ua palapala ‘ia, E ho‘omana aku ‘oe i ka Haku i kou Akua, a e mālama aku ‘oe ia ia wale nō.

11 A laila, ha‘alele akula ka diabolō iā ia; aia ho‘i, hele maila nā ‘ānela, a lawelawe nāna.

Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. 2 After fasting forty days and forty nights, he was hungry. 3 The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.” 4 Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’ ” 5 Then the devil took him to the holy city and had him stand on the highest point of the temple. 6 “If you are the Son of God,” he said, “throw yourself down. For it is written: ‘He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.’ ” 7 Jesus answered him, “It is also written: ‘Do not put the Lord your God to the test.’ ” 8 Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. 9 “All this I will give you,” he said, “if you will bow down and worship me.” 10 Jesus said to him, “Away from me, Satan! For it is written: ‘Worship the Lord your God, and serve him only.’ ” 11 Then the devil left him, and angels came and attended him.

**Mana‘o**

The season of Lent is a time when many Christians prepare for the celebration of Easter, the joyous resurrection of Jesus Christ. It is a 40-day time period often observed by fasting, repentance, deep reflection of Jesus Christ and one’s pilina with God and how one may be living out Christian values.

The story of Jesus being tempted is often connected to Lent because of the
lesson this mo’olelo brings. Jesus fasted for forty days, meaning he went without food for that time. Fasting meats or sweets during Lent, for example, is a common practice amongst Christians today. The fasting, however, was meant to prepare oneself spiritually for the work at hand or ahead. It was denying the needs of the flesh in hopes of strengthening the spirit.

During this time of physical weakness in the desert, the devil came and tempted Jesus to do the opposite of what God had taught him, the opposite of what Jesus knew to be the truth, to deny who He really was. However, every time, Jesus was tempted, He did not fight back with His fists or with sarcasm or with lengthy pleading. He spoke the Word of God. He quoted scripture. He came back with the truth. Although the devil tried three times, Jesus never gave in and the story tells us that the devil left.

In life we will often be tempted to go against what God has taught us, what we know is truth, what we know to be pono, to perhaps forget our identity in who ke Akua has created us to be. It can also often feel as if times of temptation come when we are physically or emotionally weak. There are times when we want to say and do the wrong thing because it seems justified or we think it will make us feel better at that moment. Be encouraged, mai hopohopo, look to what our Jesus did. He simply went back to the truth, God’s Word. He chose to stand on His loving Father’s promises and holomua instead of giving in. And just as in the story, God too will mālama you, will attend to you in your times of weakness.

Questions to Ponder

- What are some things that tempt me?
- What can I do to not give in to temptation?
- How can I be an encouragement to others?

Pule

E ke Akua Mana Loa, Almighty God, thank You for your promises and being the source of my strength. Please help me to make pono choices even when I am weak. For Your word says, Your strength is made perfect in weakness. Ma ka inoa o Iesū Kristo, ʻāmene.

For Keiki

Have you ever felt tempted to do something you know you should not do? Tempted is a word that means you may feel as if you might want to do something that may not be very pono. For example, have you ever wanted to eat a piece of candy even though your mākua said not to? How about stay up past your bedtime without anyone noticing? Sometimes we can even be tempted to not tell the truth or maybe say an unkind word to someone because that person made us mad.

Well, in our Bible story, Jesus was tempted too. He was tempted to not follow God, but because He had great pilina with God and loved God, and knew that God loved Him so much, it made Him very strong in His heart. It made Jesus strong enough to continue following ke Akua even when He wasn’t feeling so well.
So when we get those feelings of temptation, feelings like we might want to do something we know is pono’ole, just remember that God loves you so much that He put His strength inside of your heart already to continue following His ways. You can also always pule and ask God to help you to make the right choices just like Jesus did.

Keiki Pule
E Makua Lani, Heavenly Father, thank You for loving me so much. Please help me to make good choices today no matter what is happening. And thank You for also putting your strength right inside my heart. Ma ka inoa o Iesū, ‘āmene.

Keiki Activity
Discuss situations in which they might be tempted to make a pono’ole choice and come up with solutions on how to make a better choice. For example, wanting to eat a piece of candy after being told ‘a’ole by a parent or being tempted to puni about their homework so they don’t get in trouble.

Himeni- E Iesū, e Aloha Mai
E Iesū, e aloha mai iā mākou
E Iesū, e aloha mai iā mākou
Hui kala mai i kō mākou mau hewa
E Iesū, e aloha mai
Heluhelu Baibala/Scripture Reading

“Ua hāʻawi ʻia mai ke kānāwai ma o Mose lā; akā, ʻo ka lokomaikaʻi a me ka ʻo iaʻiʻo ma o ʻesū Kristo iā ia”
Ioane 1:17
“For the law was given through Moses; grace and truth came through Jesus Christ.”
John 1:17

Manaʻo

It’s hard when the rules change. Sometimes we see this happen as our younger brother or sister gets away with something that we are not allowed to do – and our parents say, “You are older – we expect more from you.” This is commonly the expectation of the keiki hiapo, the eldest child, in the ʻohana.

Sometimes we experience these rule changes in our activities – the size of the field increases in soccer, the height of the basketball hoop gets higher, new rhythms are introduced in music, or what we are expected to memorize in plays and ʻoli become longer and longer. It just doesn’t seem fair.

This scripture passage from John talks about a rule change – about what God expects from us. For over a thousand year (through some laws given to Moses), the expectation was about meeting a whole lot of laws (big time rules) – so many laws that no one could actually obey them all. And then God sent his son, Jesus, to change the rules: that our relationship with God and meeting His expectations would now be through grace.

The word “grace” is used 156 times in the New Testament (and you know if a word is repeated that you ought to pay attention). In the Paipala Hemolele, the Hawaiian Bible, “grace” is interpreted as lokomaikaʻi or aloha. Lokomaikaʻi occurs 416 times and aloha appears 966 times throughout the Baibala! God gave this present to all of us without us earning or deserving it – that’s why we call it “Ka Mōhai Aloha”, a “gift of grace” – because He loves us so much that He gave His only son, ʻesū Kristo, as a mōhai or mōliaola – an ultimate sacrifice – for our sins.

The way we say “mahalo” to God is to share this gift of grace – aloha for others – without thinking about if they have earned it or deserved it. And that’s a rule change that we can all live with!

Questions to Ponder

• What are some ways you can show grace to others?
• Based upon what you know about God and His grace, is there any limit to grace?

Pule

Aloha e ke Akua – mahalo for sharing Your grace with me through your son, Jesus, ʻesū. During this Easter time, help me especially to share your grace with others who really need it. ʻĀmene
**Keiki Activity**

Make a list of five things you could do to show God’s grace to some other people this week – especially others who are your age. Share the list with a friend – and each of you pick one to use this week. Then you can come back later in the week and share what happened.

**Suggested Himeni**

“Lokomaika‘i! He Nani Nō” (Amazing Grace, Nā Himeni o Ka ‘Ekalesia #133)

Amazing grace, how sweet the sound
That saved a wretch like me
I once was lost, but now am found
Was blind, but now I see

Lokomaika‘i, he nani nō
Ho‘ola mai ia‘u
Ua hewa ia e aloha ‘ānō
Ua pō a‘e ua lā
Lent 4 by Pua Fernandez, Admissions Director

Heluhelu Baibala/Scripture Reading

Ioane I 3:16-18

“No ia mea, ua "ike kākou i ke aloha, no ka mea, ua waiho ihola ‘O ia i Kona ola no kākou; a he mea pono nō ho’i iā kākou, ke waiho a’e i ko kākou ola no ka po’e hoahānau. ‘O ka mea i loa’a iā ia ka waiwai o kēia ao, a ‘ike a’ela i ka nele o kona hoahānau, a papani a’e i kona na’au iā ia, pehea la ke aloha o ke Akua e noho ai i loko ona? E nā pōki’i o’u, mai aloha kākou ma ka waha, ‘a’ole ho’i ma ke alelo wale nō; akā, ma ka hana ‘ana a me ka ‘oia’i’o.”

1 John 3:16-18 New Living Translation (NLT)

We know what real love is because Jesus gave up his life for us. So we also ought to give up our lives for our brothers and sisters. If someone has enough money to live well and sees a brother or sister in need but shows no compassion—how can God’s love be in that person? Dear children, let’s not merely say that we love each other; let us show the truth by our actions.

Mana’o

In Hawaiian we say “Aloha kekāhi i kekāhi” – “love one another.” Set to simple music, we teach this value to our keiki in the form of a children’s mele. But how much easier is this to sing than to live? Do we truly love one another in our daily lives? It’s easy to love our ‘ohana and our friends. But how can we love strangers? And do we love people who are rude and offensive? Or how about those who have caused us harm? Do we love them too?

The New Testament of the Bible, originally written in Greek, uses several words for “love,” each with important distinctions. However, these differences are often “lost in translation.” Four types of love are mentioned in the Bible: Eros is romantic love. Phileo is the love between friends. Storge describes the love between family members.

But the type of love most often used in the Bible – more than two hundred times, in fact – is agape (agápē); and it is agape which is used to describe the very nature and character of God.

Our kūpuna, too, recognized that love takes many forms and that one word is inadequate to describe these nuances. Aside from romantic love (ho’oipoipo) and brotherly love (hoaloha), our kupuna used words like aloha ‘āina (love and respect for our land), aloha menemene (compassionate love), or aloha pau’ole (endless love).

The agape love used in the Bible refers not to a feeling, but rather to a demonstration of love. Agape love is action-oriented and self-sacrificing. One source defines agape as “a sacrificial love that voluntarily suffers inconvenience, discomfort, and even death for the benefit of another without expecting anything in return.” God, our Father and Creator, loves us unconditionally – as a parent loves a
Ka Mōhai Aloha

child. God does not need anything from us. He desires only that we love Him back. And to demonstrate His great love for His children, He sacrificed Himself for us through the person of Jesus Christ. This was Ka Mōhai Aloha.

As God’s children, therefore, we are expected to show agape to others. In Romans 12:9 the Apostle Paul writes: “Don’t just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good.”

Most of the time, this does not require tremendous sacrifice or grand gestures. We can show agape love through simple expressions of compassion and kindness as we move through each day. This is as easy as smiling and acknowledging others, not just those we see at work or in school, but the strangers we pass as we walk down the street. It is as easy as speaking words of kindness and encouragement instead of criticism and sarcasm. It is as easy as holding the door open for the person behind you, or waving to thank the person who just let you cut in traffic. “Live Aloha” is a popular expression and campaign here in Hawai‘i, but how many of us actually put this into practice? How different would our world be if we all began to consistently commit Random Acts of Aloha?

In 1895 our beloved Mō‘iwahine, Lili‘uokalani, was a model of agape following the illegal overthrow of the Hawaiian Kingdom and her subsequent imprisonment in ‘Iolani Palace. In that difficult and painful season, Lili‘uokalani wrote “Ke Aloha o Ka Haku” – The Queen’s Prayer – perhaps her most famous composition. Her hymn, which expresses her deep love for, and unwavering faith in, Ke Akua during her time of despair, begins:

ʻO Kou aloha nō  
Aia i ka lani  
A ʻo Kou ʻoiaʻiʻo  
He hemolele hoʻi

And in the third paukū of her mele, Lili‘uokalani affirms her agape aloha and huikala (forgiveness) towards her captors:

Mai nānā ʻinoʻino  
Nā hewa o kānaka  
Akā e huikala  
A maʻemaʻe nō

So, as in the example set by Lili‘uokalani, agape is a choice we must make each day to actively love others as Christ loves us. It is an attitude of the heart and it is a call to action.

It was because of Jesus’ agape for each of us that He suffered and died on the cross so that we might live; washed clean and forgiven of every mistake and bad choice we’ve made in our lives. As we approach the coming Easter celebration, we would do well to remember Ka Mōhai Aloha a Ke Akua that was made on our behalf, not because we deserved it, but because God loves us and because God is love. Aloha Ke Akua.
He mau Ninau (Questions to Ponder)

- Do I love other people with the agape love that God has for me? If not, what holds me back?
- What Random Act of Aloha can I do this week to show agape love to another person?

Pule

E ke Akua Mana Loa, hemolele a maʻemaʻe. Mahalo for the love and grace you have extended to me, that You would give your precious son as Ka Mōhai Aloha, a sacrifice to cleanse us of our hewa. Please help me to see other people with your eyes and your heart. Show me how to love others the way you love me, and provide me with opportunities to put this love into action in my community and in the larger world. And in all things may I honor and glorify You. Ma ka inoa o ka Haku ʻo Iesū Kristo, ʻĀmene.

Keiki Activity

- Visit the “Live Aloha” homepage http://www.atchawaii.com/LocalInfo/livealoha.html and review the list of examples of random acts of kindness. Have keiki come up with a list of at least three Random Acts of Aloha that they might fulfill at school, at home or in the community between now and Easter to demonstrate agape love. This could be as simple as offering to wash the car of an elderly neighbor, or extending the hand of friendship to a classmate who is sometimes overlooked or excluded by other students.
- Implement a “Live Aloha” poster or poem contest in your class or school-wide;

Suggested Hīmeni

- “Ke Aloha o Ka Haku” (The Queen’s Prayer) No. 186 Nā Hīmeni o Ka ʻEkalesia
- “He Aloha Ko Iesū” (Jesus Loves Me) No. 154 Nā Hīmeni o Ka ʻEkalesia

  He aloha ko Iesū  | Jesus loves
  I ke keiki liʻiliʻi nō | The little children
  Kahe Kona koko noʻu | His blood shed for me
  I pau aʻe ka hewa oʻu | To pay for my sins

Keiki aloha! Keiki aloha!
Keiki aloha! Ke aloha o Iesu!
Mai Hāʻawi Pio...E Hāʻawi Lilo  Give up... or...Give All

Heluhelu Baibala/Scripture Reading

“E hāʻawi aku, a e hāʻawiʻia mai iā ʻoukou, me ke ana pono i kaomi ʻia iho, i pili pū i ka hoʻoluliuli ʻia a hanini i waho, e hāʻawi mai ai läkou i loko o ko ʻoukou poli: no ka mea, me ka ana a ʻoukou e ana aku ai, pēlā nō e ana ʻia mai ai no ʻoukou.”  Luka 6:38

“Give, and you will receive. You will be given much. Pressed down, shaken together, and running over, it will spill into your lap. The way you give to others is the way God will give to you.”  Luke 6:38

Mana`o

I know…we are supposed to give up something during Lent, like God gave up Himself for us and in that way we can honor His gift of life to us. This would be His mōliaola for us. That sacrifice truly is Ka Mōhai Aloha. It makes sense to give something up, however, what if I give it up…only until Easter? My pastor friend encouraged me with this wisdom, “Don’t give up something that you are going to purge on Easter morning. Your Lenten sacrifice of Big Island Candies does not make you a better Christian if you eat a bag full of them before sundown on Easter day and forget all about Lent.”  God doesn’t want your choice of candy, He wants you.

While contemplating your Lenten sacrifice, consider the depth of your giving but also the blessing of your getting. I’m reminded of that old familiar hīmeni, Iesū Me Ke Kanaka Waiwai:

“E hāʻawi, e hāʻawi lilo loa
I kou mau waiwai,  Give all
Huli a hahai mai iaʻu  of your wealth and riches,
I loaʻa ʻē ke ola mau iā ʻoe”  Turn and follow me
that you shall have everlasting life

Maybe you don’t need to give up anything. Maybe you need to give all of something… specifically, yourself.

If you must give up something, give up sin. That which so easily entangles around us. That which stops us from giving all to anything!

So if I am not giving up something but rather giving all of me, e hāʻawi lilo loa mai iaʻu, how can I do that? What does that mean? Here’s what I attempt to do:

• Ka Hoʻokē ‘Ai (Fasting): We normally think of not eating something, maybe this year we can pray instead of eating and give that food or portion of our food budget to someone in need. Graciously.
Ka Mōhai Aloha

- **Ka Heluhelu ‘Ana (Reading):** Instead of a fictional novel every evening, how about starting with 20 minutes and build up to one hour a day in God's Word – c'mon, you can do it!
- **Ke Kala‘iwa ‘Ana (Driving):** Carpool, catch the bus, walk or bike it! Good exercise!
- **Ka No‘ono‘o ‘Ana (Thinking):** I can challenge my brain cells with puzzles or detailed thinking like ‘how does that work?’ Remove doubt and troubling thoughts by singing uplifting songs! Akamai ‘oe!
- **Ka Launa ‘Enehana ‘Ana (Tech-ing):** Download a Bible app. Limit your T.V. watching or surfing the web by reducing your daily usage each week by 10 minutes in order to increase your time outdoors! And then, only listen to good, inspiring music rather than degrading music. Bye-bye xboxone!
- **Ka Ho‘omaha ‘Ana (Resting):** Get 8 hours of sleep every night until Easter...then keep it up! Hold on, I need a nap!
- **Ka Lūlū ‘Ana (Tithing):** Lent is a great time to give more of God’s blessing in kālā to God’s work in the church. You can bonus that by also giving to a charity here in Hawaii that blesses people! You will be blessed!

  When the Bible teaches us to ‘give, and you will receive. You will be given much.’ God will multiply your gift to Him and your ki‘aha will overflow. This Lenten season can change you because the way you give to others is the way God will give to you.” ALL of you!

**Questions to Ponder**
- What more can I give or do to present myself as an All-In Team player on ke Akua’s team?
- Which of the options above will I challenge myself to start and continue?

**Pule**

  Mahalo e ke Akua for the chance to be different in life, a chance to show You and others that You matter. May I take seriously this challenge to be an All-In Player on Your Team. I will need your help, but I believe together we can do this! Mahalo for loving me through my giving up and giving all! Ma ka inoa o Iesū Kristo. ‘Āmene.

**Keiki Activity**
- Be an All-In Keiki by doing three extra chores around the house than mom or dad expect!
- Be an All-In Keiki by taking the ohana outside after dinner for a game of ball playing!
- Do all your homework for that night and the next night! Encourage a sibling or friend to do the same.
- Be an All-In Keiki by using only words that encourage and uplift your friends and family.
Suggested Himeni Haipule:

- “Iesū Me Ke Kanaka Waiwai” (Jesus and The Rich Young Ruler) (Nā Hīmeni o Ka ʻEkalesia, #115)
- “Ua Hāʻawi Wale ʻIa Mai Iā ‘Oe” (Freely Given To You) (Nā Himeni o Ka ʻEkalesia #180)
Lent 6 by Gaymond Apaka, Christian Education Instructor, KS Hawai'i

Heluhely Baibala/Scripture Reading

20 A iā ia i kahi lōʻihi aku, ‘ike akula kona makua kāne iā ia, hū aʻela kona aloha, holo akula ia, ‘apo akula i kona ‘āʻi, a honi akula iā ia.
21 Ī maila ke keiki iā ia, E ka makua, ua hana hewa aku wau i ka lani, a iā ‘oe, ‘aʻole e pono ke kapa hou ‘ia mai he keiki nau.
22 Akā, ‘i akula ka makua i kāna mau kauwā, E lawe mai i ka ‘aʻahu maikaʻi loa, a e hōʻaʻahu a’e iā ia; a e hoʻokomo i ke komo lima ma kona lima, a me nā kāmaʻa ma kona mau wāwae;
23 A e lawe mai hoʻi i ke keiki bipi i kūpalu ‘ia, e kālu; a e ‘ai kākou me ka ‘oliʻoli;
24 No ka mea, ua make kēia keiki aʻu, a ua ola hou mai nei; nalowale akula hoʻi ia, a ua loaʻa mai nei.- Luka 15:20-24

20 “But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.
21 “The son said to him, ‘Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.’
22 “But the father said to his servants, ‘Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. 23 Bring the fattened calf and kill it. Let’s have a feast and celebrate. 24 For this son of mine was dead and is alive again; he was lost and is found.’ - Luke 15:20-24

Manaʻo

Lent is a season of prayer and fasting, forgiveness and change and also a time for us to reflect on how amazing God’s love for us is. As we see the day of the Lord approaching, encourage one another. In these days let our love for God motivate us to repentance, forgiveness and a godly love for one another as we live a lifestyle that reflects our love for God.

As we live life, not all decisions that we make may line up with God’s desires, but he’s always willing to give us another chance at a new beginning. The story of “The Prodigal Son” really fits this season.

The story of the “Prodigal Son” from Luke 15:11-32, is a story of a man with two sons. The story begins with the younger son asking his father for his portion of the inheritance. After spending all his money on wild living, he finds himself now in great need. During this time, a famine breaks out through the land and the lack of work made things very difficult.

He began to remember the abundance he had being with his father, so he decided to go back home. As he approached his home although still a ways off, his father sees him coming and is filled with compassion for his son. He ran to his son, threw his arms around him and kissed him. The father was so joy filled, that he called to his servants and said, bring the best for my son and let’s have a feast to celebrate his return, for we thought he was dead and find he’s alive, he was lost and now he’s found.
This story is one that many of us may be able to relate to, how we were on our own journey separated from God the Father at one time. But when we turned back to him, he received us with such compassion and love, and through Ka Mōhai Aloha, the gift of grace, we are restored to being his children. Let this season be one that finds us either drawing closer to him or even better yet finding ourselves returning to an intimacy with the God who loves us through Jesus His Son. Amen.

Questions to Ponder

- Where was the son when his father saw him? What did the father do when he saw him? Hint- see verse 20
- Is that the reaction of a person who was stubborn and angry or hopeful and forgiving?
  - That’s the response that God has for us when we realize that we were wrong and come back to him.
- Is there someone that you need to be looking out for so you can shower them with your love and forgiveness?

Pule

O God of grace and mercy, we mahalo you for your love which overlooks our failings. We thank you for your forgiveness when we have wronged you. Help us to be willing to forgive those who have hurt us. Keep us always close by your side. Maka inoa o Iesū Kristo. ‘Āmene.
Passion Week: March 29 – April 4, 2015

The Oxford dictionary defines passion as “strong and barely controllable emotion: ‘a man of impetuous passion’”. That’s a good description of Jesus in his final week. This week is full of events which demonstrated his passion for us and his response to those who supposedly were doing the work of God. Passion also describes the feelings of the people, which rose in praise at the start of the week to shouts of “Crucify HIM!” at the end. Let’s take a look at the events of the week to see just how deeply charged the finals moments of Jesus’ earthly life were.

- **Sunday:** Palm Sunday- Jesus rides into town on a foal of a donkey to cheering crowds who waved palm branches. The streets were lined with cloaks and more branches. (Matthew 21:6-9)

- **Monday:** Jesus notices a fig tree that had produced leaves ahead of season. But since the fig tree bore leaves, He expected to find figs, yet it was fruitless. Jesus cursed the tree and it withered the next day. He continues to the temple and finds the court of the Gentiles full of traders and money changers making a large profit as they gave out Jewish coins in exchange for “pagan” money. Jesus drove them out and overturned their tables. (Mark 11:12-17)

- **Tuesday:** Jesus’ authority is questioned and he pronounces seven condemnations (“Woes”) addressing the false religion that was abhorrent to God. He teaches in parables to the crowds who had gathered (Matthew 23-25).

- **Wednesday:** Judas Iscariot agrees to betray Jesus.

- **Thursday:** This day is also known as Maundy Thursday (from the Greek word *mandatum* which means “commandment”. Jesus tells his disciples, “A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.” (John 13:34-35).

  Jesus Christ has his last meal with His disciples prior to His arrest and crucifixion. It is often called The Last Supper. Jesus takes two elements from the Jewish Seder (Passover) Meal and makes them into symbols of remembrance for His body and His blood sacrificed on behalf of all humanity. “And He took bread, gave thanks and broke it, and gave it to them saying, ‘This is my body...
given for you; do this in remembrance of me’ ” (Matthew 26:26-29, Mark 14:22-25 and Luke 22:14-20).

After the meal, Jesus went to the Garden of Gethsemane to pray. (See Ekelka Kani’aupio-Crozier’s devotional for more on this prayer). He is betrayed by Judas, gets arrested and stands trial before the chief priests, Pontius Pilate, and Herod (Luke 22:54–23:25).

- **Friday:** Jesus is beaten, whipped, and mocked (Mark 15:16-20) and led away to be crucified on Golgatha, which means the Place of the Skull (Mark 15:22). Since it is the Sabbath, Jesus is quickly taken down and placed in a borrowed tomb. (See Ke’ala Kwan’s upcoming devotional for additional reflection on this day.)

- **Saturday:** Jesus lays in the tomb- “So they sealed the tomb and posted guards to protect it” (Matthew 27:66)

- **Sunday:** Easter Sunday, the day of Resurrection. (Stay tuned for Hau’oli Akaka’s devotional for this day.)

Portions of this description of Passion Week was taken from http://www.allaboutjesuschrist.org/passion-week.htm
Heluhelu Baibala/Scripture Reading

37 I akula ‘o lesū iā ia, E aloha aku ‘oe iā lēhova i kou Akua me kou naʻau a pau, a me kou ‘uhane a pau, a me kou manaʻo a pau.
38 ‘O ka mua kēia a me ke kauoha nui.
39 Ua like hoʻi ka lua me ia, E aloha aku ‘oe i kou hoalauna me ‘oe iā ‘oe iho.-
Mataio 22:37-39

37 Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.” 38 This is the first and greatest commandment. 39 And the second is like it: ‘Love your neighbor as yourself.- Matthew 22:37-39

Manaʻo

Lent provides us a wonderful opportunity to bring our prayers to Ke Akua into focus as we prepare our hearts to celebrate and honor the resurrection of our Lord Jesus Christ. On March 22, 1895, Queen Liliʻuokalani composed a hīmeni haipule (prayer hymn) entitled ‘O Kou Aloha Nō, commonly referred to as The Queen’s Prayer. In it she praises God’s holiness, talks about her own unfortunate station (physical and spiritual) and then she places a somewhat odd request before God’s throne. You see, two years prior, she was charged with treason and imprisoned in her own palace. At the bottom of the manuscript, she wrote, “Composed during my imprisonment at ʻIolani Palace by the Missionary party who overthrew my government.” In this prayer hymn, the queen expresses her great love for Ke Akua, a love great enough to ask… for the forgiveness of those who imprisoned her.

What could’ve possibly been the Queen’s motivation? The answer is KA MŌHAI ALOHA – the sacrifice of grace. Ka Mōʻī Wahine Liliʻuokalani truly understood the heart of Jesus by living out His command to love Ke Akua with all of her heart, soul and mind and to love others as she would herself (Matthew 22:37-39). The dictionary defines “sacrifice” as a surrendering of one’s possessions as an offering to God. One of the worst “possessions” that we have difficulty in giving up is our pride, yet when we release it, in its place, God cultivates a peace unknown to mankind. The ultimate sacrifice that one can possibly make is to love God and others more than one’s self. Queen Liliʻuokalani dedicated this hīmeni haipule to Princess Kaʻiulani, perhaps, with the intention to teach the young princess of the importance of Jesus’ sacrificial aloha. We too have much to learn about our own prayers as we bear witness to such gracious aloha by one of our very own aliʻi.

In John 17, we see that before Jesus went to the cross, He too prayed a very intentional prayer first to glorify His Father as well as Himself, then He prayed for the protection and safekeeping of His disciples and finally He prayed for those who would believe in Him someday. Jesus prayed on our behalf to become dedicated to Ke Akua as He was dedicated to Ke Akua. You see, although Jesus knew that soon He would die upon the cross for our sins, He continued to pray for us that we would
dwell in Him and He in us, thereby strengthening our trust in His righteousness and His goodness always.

Let’s work towards making our pule more intentionally full of aloha, sacrificing our own desires to fulfill the needs of those around us, especially those that we find a little or very pa‘akiki (difficult). You will find that the wider you can pray, the smaller your own pilikia will become and your love for Ke Akua will grow stronger and more viable. Let Ke Akua’s name be praised through our aloha for Him as well as those around us! E ho'omaika'i i Ke Akua!

Questions to Ponder

• Take a look in a mirror. What three things do you see that you like about yourself?
  o So often when we look in the mirror, we don’t like what we see. It’s hard to love someone if we don’t like ourselves. Be more accepting of what you see in yourself and others.
• What would it take to be able to pray the 3rd verse of ‘O Kou Aloha Nō (see below for the verses)?
• What would you be willing to sacrifice in order to spare the lives of others? Say a prayer of thanksgiving to God for what Jesus and Queen Lili‘uokalani were willing to surrender for our sake.

‘O Kou Aloha Nō

‘O kou aloha nō, Aia i ka lani
A ‘o Kou ‘oia ‘i‘o, He hemolele ho‘i

Ko‘u noho mihi ‘ana, A pa‘ahao ‘ia
‘O ‘oe ku‘u lama, Kou nani ko‘u ko‘o

Mai nānā ‘ino‘ino, Nā hewa o kānaka
Akā e huikala, A ma‘ema‘e nō

No laila e ka Haku, Ma lalo o kou ‘ēheu
Kō mākou maluhia, A mau loa aku nō.
‘Āmene

Your loving mercy, Is as high as Heaven
And your truth, So perfect

I live in sorrow, Imprisoned
You are my light, Your glory, my support

Behold not with malevolence, The sins of man
But forgive, And cleanse

And so, o Lord, Protect us beneath your wings
And let peace be our portion, Now and forever more. Amen

Pule

Mahalo O kind and gracious God for the love that you shower us with. We confess that we don’t always love with your same intensity. Forgive us and help us to reach a point of true love. Let us live this out daily with all we come into contact with. Ma ka inoa o Iesū Kristo, ‘Āmene
Create in me a clean heart, Oh God,  
That I might serve You;  
Create in me a clean heart, Oh God,  
That I might be renewed.

So fill me and heal me  
And bring me back to You  
Create in me a clean heart, Oh God  
That I might serve You
Ka Mōhai Aloha

Lent 8 (Good Friday) by Keʻala Kwan, Director, Hui ʻIke Hawaiʻi, Hoʻokahua – Cultural Vibrancy Group

Heluhelu Baibala/Scripture Reading – Ioane 13:14-17

Inā hoʻi ʻo wau ka Haku a me ke Kumu i holoi i ko ʻoukou mau wāwae; he pono nō ʻoukou ke holoi kekahi i nā wāwae o kekahi. No ka mea, ua hāʻawi aku au i kumu hoʻolike no ʻoukou, e like me kaʻu i hana aku ai iā ʻoukou, pēlā ʻoukou e hana ai. Oiaʻiʻo, he ʻoiaʻiʻo kaʻu e ʻōlelo aku nei iā ʻoukou, ʻaʻole e ʻoi aku ke kauā ma mua o kona haku; ʻaʻole hoʻi e ʻoi aku ka mea i hoʻouna ʻia ma mua o ka mea nāna ia i hoʻouna aku. A i ʻike ʻoukou i kēia mau mea, pōmaikaʻi ʻoukou, ke hana aku ia.

14If I then, the Lord and the Teacher, washed your feet, you also ought to wash one another’s feet. 15For I gave you an example that you also should do as I did to you. 16Truly, truly, I say to you, a slave is not greater than his master, nor is one who is sent greater than the one who sent him. 17If you know these things, you are blessed if you do them.- John 13:14-17

Manaʻo

Wow, can you imagine your kumu washing your feet? Seems a bit unusual, yes? Historically, during Jesus’ time, it was the duty of slaves to wash the dusty feet of their masters. And yet, this is exactly what Jesus, the master, did for his disciples, who were his haumāna. He was their kumu, but with complete haʻahaʻa (humility), and unconditional aloha, he lovingly washed the feet of each of his twelve disciples. Perhaps He did this because he knew that this was to be one of His last acts of aloha before his crucifixion and earthly passing. His death was the ultimate sacrifice for our sins.

Woven into this story are precious and important life-lessons for each of us. Because Jesus demonstrates, through His actions in this story, that He desires us to be servant leaders. Such a leader strives always to be humble and to do everything with a naʻau aloha (loving spirit). To be a good servant leader, we must place the needs of others above our own. Just as Jesus did throughout His entire life. And imagine, Jesus could have easily asked any of his disciples to wash His feet, and they would have immediately done so. But instead, He humbled himself and put their needs above his own.

We have only to look to our Hawaiian aliʻi for wonderful examples in our own history of excellent servant leaders, leaders who put the needs of their people first. Kamehameha IV, Alexander Liholiho, and Queen Emma, established the Queen’s Hospital to provide health care services to improve the well-being of their people. The Lunalilo Trust was created by King Charles Lunalilo, to mālama his people, especially the precious kūpuna, the elderly. Queen Liliʻuokalani focused her kōkua on the ʻōpio, youth, by creating the Queen Liliʻuokalani Trust dedicated to the welfare of orphan and destitute children. And the Kamehameha Schools was established by Ke Aliʻi Pauahi, who knew that education was the key to a vibrant Lāhui (Hawaiian Nation).
So as we prepare to celebrate Easter with our ʻohana, let us remember to be haʻahaʻa, humble, and thankful for all the many blessings that ke Akua provides. And let us strive to be servant leaders, by helping others through our actions and aloha.

Nā nīnau e noʻonoʻo ai/Questions to ponder
- Haʻahaʻa, means to be humble. Can you think of times when you have behaved in a haʻahaʻa manner?
- Servant leadership means putting the needs of others above our own needs. Think of typical situations in your own life – in your ʻohana, at school, at church, in organizations such as sports teams - where you might demonstrate servant leadership through your actions.

Pule
E ke Akua mana loa, mahalo a nui for sacrificing Your one and only beloved Son Jesus Christ for our sins. We ask that you forgive us for our shortcomings and help us to be humble in forgiving others. Help us too, to have humility in serving others by placing their needs above our own. Ma ka inoa o Kāu Keiki hiwahiwa ʻo ʻesū Kristo. ʻĀmene.

Keiki Activity
- Show your creativity by composing a poem or song, making a visual etc. that expresses haʻahaʻa or servant leadership.
- Talk story about haʻahaʻa and serving others, with your parents, grandparents, and others. Ask them for their manaʻo and examples of these in their lives.
- Use a simple Circle Map on a sheet of paper, with your name and the word “haʻahaʻa” in the middle. Then think of examples of your haʻahaʻa actions, and write a couple of words to capture each example, in the larger, outer circle that surrounds your name.

Suggested Hīmeni Haipule:
- “ʻEkolu Mea Nui”, No. 208 Nā Hīmeni o Ka ʻEkalesia
  ʻEkolu mea nui There are three important virtues
  Ma ka honua On earth
  ʻO ka manaʻo ʻiʻo Faith
  Ka manaʻolana Hope
  A me ke aloha And love
  Ke aloha kā i ʻoi aʻe Love being the greatest of all
  Pōmaikaʻi nā mea a pau All are blessed
  Pōmaikaʻi nā mea a pau All are blessed
E Hele Mai
E hele mai
Kākou a pau
E ʻike i ka Haku iā iesū
Ka Hoʻōla o ke ao nei
Nona nō nā mea a pau
Nona nō nā mea a pau

Come
One and all
To see the Lord Jesus
The Savior of the world
All things are of Him
All things are of Him